

## Thawing Instructions for Tallgrass Beef Steak

All of our steaks are vacuum packed to seal in freshness and flavor. To thaw steaks, place vacuum sealed steak in the refrigerator 24 hours prior to cooking. To quick thaw steaks, place vacuum sealed steak in cold water for approximately 1-2 hours before cooking.

**Enjoy!** 

TallgrassBeef.com